



CHRISTA SCHÖNING, MCC

- Executive Coaching
- Leadership
- Coaching Across Cultures
- Organizational Development
- Coaching skills for Managers
- Team Coaching
- Change Management

Corporate and Management Experience

Christa is one of the leading authorities on coaching in Germany. As the founder and CEO of International Coaching, a global Coaching company that serves multinational clients around the world she has worked with hundreds of international Executives from over 20 different cultures. Her focus is one-to-one coaching for top executives (C-Level, EVP, VP and MD Level), coaching senior management teams as well as running international leadership programs. As a member of the Board of the International Coach Federation in Germany she is actively promoting the highest quality and ethical standards of her profession. She is one of the five Master Certified Coaches in Germany, the highest international recognized certification level for Coaching. Continuous coaching training is key for an excellent coach. Christa has been trained at the leading Coaching Schools in Germany, UK and the US. As a Mentor Coach of the international Coaching Programs of the Newfield Network she coaches other professional coaches in training as well as assessing for accreditation according to the certification standards of the International Coach Federation.

Christa has a wealth of international experience gained over 13 years, whilst living and working in Europe and the United States of America. In her last position as Managing Director at Metzler Asset Management she was one of the few women in Germany that have a license from the German supervisory authorities to run a bank. Her responsibility included International Strategy, Business Development, Client Relationship, and Market Research. Christa has worked for State Street Bank in the U.S. and in Germany as a Vice President and headed up Continental Europe Marketing, Germany Business Operation, Global Key Account Management, Sales, and Product Development. By building up the German market she did some significant pioneering work. While at State Street, Christa was named “Most Successful European Sales Professional” in 1997 and, during 1996 and 1997, she was nominated for the Chairman’s Winners Circle Award. Still earlier, as a senior consultant with Mummert + Partner she was Head of Consulting for Financial Institutions.

Christa understands the executive and the pressures, concerns and challenges that come with the role, having successfully faced these same challenges in her own career. She is driven by her values trust and integrity and her passion for coaching.

Academic Qualifications

- Diplom Kauffrau, Universität Mannheim

Coaching Education and Certification

- CTI – The Coaches Training Institute, UK und USA
- NLP Practitioner, DANLP Fulda, Deutschland
- NLP Master, NLP University Robert Dilts, USA
- The Newfield Network - Master training in Coaching and Organizational Learning and Integral Coaching
- Mentor Coach and Assessor for the international Coaching Programs of the School of Coaching, Newfield Network
- Licensed to administer the MBTI, the Cultural Orientations Indicator, and Hogan Assessments
- Certified by the International Coach Federation as Master Certified Coach (MCC)

Recent Coaching Projects

- As part of a global coaching and leadership project, Christa has been coaching a member of the board of an international bank for 9 months on Leadership, communication, conflict management and coaching skills.
- Christa has been coaching both a managing director of a U.S. subsidiary and his team. The focus for the Team coaching was on increasing performance, conflict solving, and team alignment. The individual Coaching concentrated on leadership, communication and transformational change.
- Christa has been coaching the European head of HR of a multinational company. The Executive was faced with a major new management role. The focus for the Coaching was on transition, leadership, Coaching Across Cultures and change management.

Memberships

- Member of the Board of the International Coach Federation, Germany (ICF)
- European Mentoring and Coaching Council (EMCC)
- Society for Intercultural Education, Training and Research (SIETAR)

Coaching Language

- German and English